PEOPLEASE TELEHEALTH PACKAGE



Enjoy On-Demand Health Care

With 24/7 Virtual Access to Doctors

Benefits are available to you and your immediate family

Recuro Telehealth

Convenient care at the touch of a button, wherever you are, whenever you need it. **On-demand virtual visits with board-certified doctors** for treatment of common acute medical concerns typically available in less than 10 minutes. Ideal for allergies, sinus infections, ear problems, fever, nausea, pink eye, UTIs and more. You receive treatment plans and prescriptions, if medically necessary.

Health Advocate Solutions

Healthcare is becoming harder to understand. Personal Health Advocates help you navigate through insurance and healthcare systems. Advocates research treatments, resolve claims and locate doctors, specialists, hospitals, dentists and pharmacies. Skilled negotiators will attempt to negotiate discounts on your behalf, no matter your benefit status. Registered nurses are on-call 24/7 to answer questions and provide medical explanations.

NB Fitness

Stay active for just $28 per month! NB Fitness provides you with extreme flexibility in membership choices, direct access to a national network of nearly 12,000 participating gym partners, and 9,000+ workout videos. You can switch gyms anytime, **no annual fees, no long-term contracts**, and you'll pay the monthly charges directly on the Active&Fit Direct website.

Counseling Services

Life does not always run on a schedule. When personal or work-related challenges arise, experienced counselors are available to help. You can complete a confidential assessment 24/7 and schedule up to **six free counseling sessions** per issue by phone, virtually, and/or face to face to discuss concerns such as job stress, financial or legal issues, relationship challenges, grief or loss, and more.

- Sessions are typically available within three business days of your initial assessment
- Guidance focused on goal setting, problem solving, and practical next steps
- All counselors hold a master's degree and have a minimum of two years of post-licensure experience
- A team of counselors are available to help solve everyday life challenges by providing reliable information and referrals
- **Need immediate support and guidance?** With TalkNow, master's level counselors are standing by 24 hours a day, 7 days a week, 365 days a year to answer questions about the program and provide in-the-moment guidance

Lab Testing

Know your numbers! You have direct access to major clinical laboratories nationwide where you can save 10% to 80% on typical costs for lab work. Find a location near you and order online or by phone. Confidential results are available online in as little as 24 hours for most tests.

Learn More About These Benefits

Diagnostic Imaging

A better image leads to a better diagnosis, better treatment, and a better recovery. Access high-quality medical imaging, gastroenterology services, and lab tests at **discounted pre-negotiated rates**. Save money on MRI, CT scans, ultrasounds, X-rays, colonoscopy, upper endoscopy, hemorrhoid banding, GI consults, and common lab tests at over 1,000 credentialed imaging centers. Additionally, you can conveniently screen for colorectal cancer with an accurate at-home kit, avoiding the need for a doctor's visit.

CompareMedsRx

Put the power of price comparison in your hands. Search any medication and instantly see the lowest available price at pharmacies near you, surfacing discounts most people never even knew existed. Show your free digital savings card at the counter and save up to 85% off retail. Searching takes seconds and is always free to use.

Your smartest Rx Prices are waiting! Visit comparemedsrx.com/peoplease to get started today.

Learn How to Register for the **New Benefits** App

NB Google Play Available on the App Store

Download the **New Benefits Mobile App**
844.713.2870 | **MemberPortal.NewBenefits.com**

This is a discount program, not insurance, and not intended to replace insurance.

Not available to UT, VT or WA residents. Counseling services are not available for minors 13 and under. Lab Services not available in the following states: Quest: AZ, HI, NJ, NY, and RI; At Home Tests: NJ, NY, and RI.